1PLE HI Bolo

ZEITRAUM

Assembly instructions 07/2022

TOOLS:

allen key SW4 und SW5 (enclosed), crosstip screwdriver

14x XS steel dowels

14x connector housings

14x grub screws

24x Confirmat screws

3x sleeve nuts (M8)



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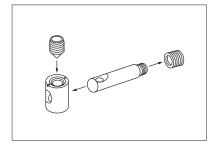
3x threaded rods (M8x70)

3x threaded rods (M8x215)

3x center support feet, adjustable

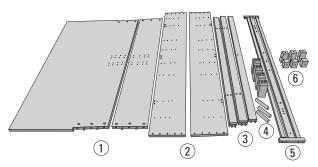
3x distance blocks (100x60x40)

3x distance blocks (40x60x40)

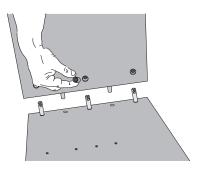


Watch this video for further information on the metal fitting: https://www.youtube.com/watch?v=ioIUTDqtvgE

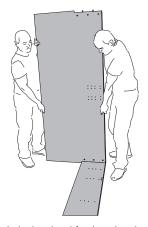
Please assemble the bed on a soft surface (e.g. a carpet or blanket) to avoid damages.



- 1 head and footboard
- 2 side rails
- **3** crossbars
- 4 bed and center support feet
- 5 center rail and support bars
- 6 distance blocks



1. Screw XS dowels into the side rails (2) and insert the connector housings into head and footboard (1). Align dowels and housings correctly!



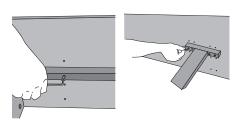
2. Attach the head and footboard to the side rail and fix them with grub screws.



3. Attach the two bed feet (4) to the crossbars (3). Mount the crossbars to the bed side. Fix the center crossbar with XS connectors.



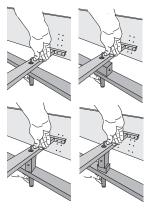
4. Connect the second side rail and fix it with grub screws.



5. Fix the support bars and center rail using Confirmat screws.



6. Screw the sleeve nuts onto the threaded rods (short threaded rods only for lowest position). Choose the right distance blocks (6) according to the insertion depth. Position the center support feet under the crossbars and screw in the threaded rods (or the countersunk bolts for the lowest insertion depth) while holding the center support feet. Adjust the height of the center support feet. both distance blocks: insertion depth 10,5 cm



without distance block: insertion depth 24,5 cm horizontal big distance block: insertion depth 18,5 cm vertical big distance block: insertion depth 14,5 cm